

SUPPORT CHILDREN'S LITERACY

RSVP's children's literacy programs provide support and hands-on learning opportunities for students. Through *America Reads*, *SAGE* and the *Family Literacy* programs, our volunteers reach 2300+ students throughout the county.

By participating in the race:

- you support our efforts to provide new gift books six times a year to each of the 540 Montgomery County Head Start students.
- you support read-aloud workshops for parents of Head Start students
- you support 111 volunteer one-on-one reading tutors for more than 300 young elementary school children.



For more information, please call 610-834-1040 ext. 10, or email margic@rsvpmc.org.

RSVP of Montgomery County
925 Harvest Drive, Suite 100
Blue Bell, Pennsylvania 19422



5K RUN

& 1 MILE WALK

AND

HEALTHY LIVING EXPO

SUNDAY, OCTOBER 2, 2011

9 AM

(REGISTRATION STARTS AT 8 AM)

ELMWOOD PARK ZOO

HOSTED BY

ELMWOOD PARK ZOO

RSVP
of Montgomery County
Volunteer - Share a lifetime of experience!

www.rsvpmc.org

FUN FOR ALL!!!

- ♥ Fun & Prizes
- ♥ Entertainment
- ♥ Refreshments
- ♥ Healthy Living Expo
- ♥ Health Check Stations
- ♥ Family-friendly Environment
- ♥ Free admission to the zoo with registration

Here's your chance to have fun, run a 5K, or walk for a good cause! Runners and walkers of all ages are welcome. Please fill out the attached registration form and mail it with your registration fee to:

RSVP

925 Harvest Drive
Suite 100
Blue Bell, PA 19422

Or register online at
www.rsvpmc.org or
www.signmeup.com/76979

START/FINISH:
Elmwood Park Zoo
1661 Harding Boulevard
Norristown, PA 19401

For more information, call
Margi,
610-834-1040 (Ext. 10)

REGISTRATION

- ♥ Entry Fees: \$20 (Ages 17 & up)
(Run or Walk) (Fee available until 9/30/11)
\$15 (Ages 6-16)
FREE (Under 6)
- ♥ Day-of Event : \$25 (for ages 17 & up)
- ♥ Please make checks payable to RSVP and mail to:
RSVP
925 Harvest Drive, Suite 100
Blue Bell, PA 19422

♥ RACE IS RAIN OR SHINE-NO REFUNDS

I'd like to participate in:

- 5K Run 1 Mile Walk
(Please check one)

NAME: _____

ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

GENDER: M F (Please Circle One)

AGE: _____ (on October 2, 2011)

T-SHIRT SIZE: S M L XL XXL
(Please check one)

**\$5.00 of your registration fee is being donated to support the zoo's conservation programs.*

I can't participate but will donate \$ _____ for RSVP.

How did you hear about our race? _____

**Guaranteed tee shirts
for all who register
prior to September 23.**

5K RUN

AWARDS:

First Male & Female Overall

MEDALS FOR EACH
DIVISION WINNER!

AGE DIVISIONS:

- | | |
|----------------|---------------|
| ♥ 14 and under | ♥ 40-49 |
| ♥ 15-19 | ♥ 50-59 |
| ♥ 20-29 | ♥ 60-69 |
| ♥ 30-39 | ♥ 70 and over |

5K RUN

- ♥ The flat, fast course will start in the zoo and traverse the tree-lined and quiet neighborhood streets before finishing back in the zoo at the Canopy Pavilion.

1 MILE WALK

- ♥ One mile shaded & fun course winding around the zoo and past the exotic animals.

Waiver/Release: I know that I am participating in a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I know that, although police protection will be provided, there may be some traffic on the race route. I assume any risk associated with this activity including, but not limited to, falls, contact, weather, hazardous road conditions, and all risks known to me. I understand that bikes, skateboard, in-line skates, and animals are not allowed in the activity, and I will abide by those guidelines. I hereby, for myself, my heirs, my executors or anyone else who might claim on my behalf, covenant not to sue and waive, release, and discharge, RSVP of Montgomery County, Elmwood Park Zoo, and other sponsors, and anyone acting on their behalf from any and all claims of liability of death, personal injury, or property damage whatsoever arising from my participation in this activity. I grant full permission to RSVP to use my image for recording of this activity in any format or media.

_____ Date: _____

Signature or Signature of Guardian (under 18)

Please sign above